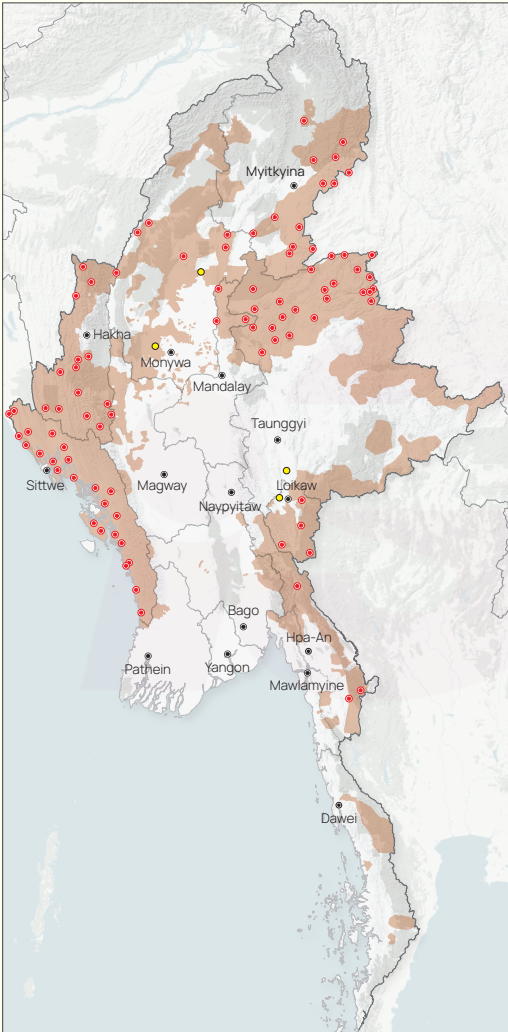
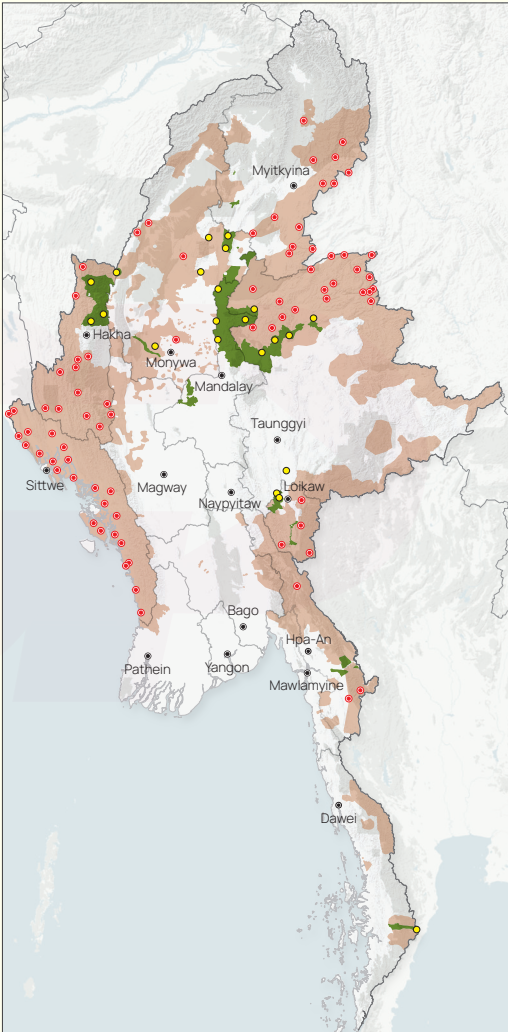


Nine Percent of Lost Territories Recaptured by the MAF

Having lost **101 towns** since the 2021 coup, the Myanmar Armed Forces (MAF) recaptured **22 towns** between 2024 and June 2026. This represents a recovery of **8.86 percent of lost territories (24,123.81 sq km)**. Among the recaptured towns, Lashio, Mogok, and Mongmit were recovered through China's mediation, while **19 towns** were retaken through direct military offensives.



Territory controlled by resistance forces as of April 2024



Territory controlled by resistance forces as of July 2026

- Town

● Town captured by resistance forces

● Town recaptured by Myanmar Armed Forces
- Territory controlled by resistance forces

■ Territory recaptured by MAF following Operation 1027

Data as of July 30, 2026, is part of research conducted by ISP-Myanmar's Conflict, Peace and Security Studies and is based entirely on open-source data. It may vary from other sources due to differences in methodology or data availability.