



ISP Situation Brief 2026

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Myanmar's Floods Threaten 1.3m People

The Min Aung Hlaing administration's natural disaster relief plans lack rapid response capability and coverage. The capacity and planning to prevent and prepare for the annual extreme weather conditions and natural disasters remain crippled.



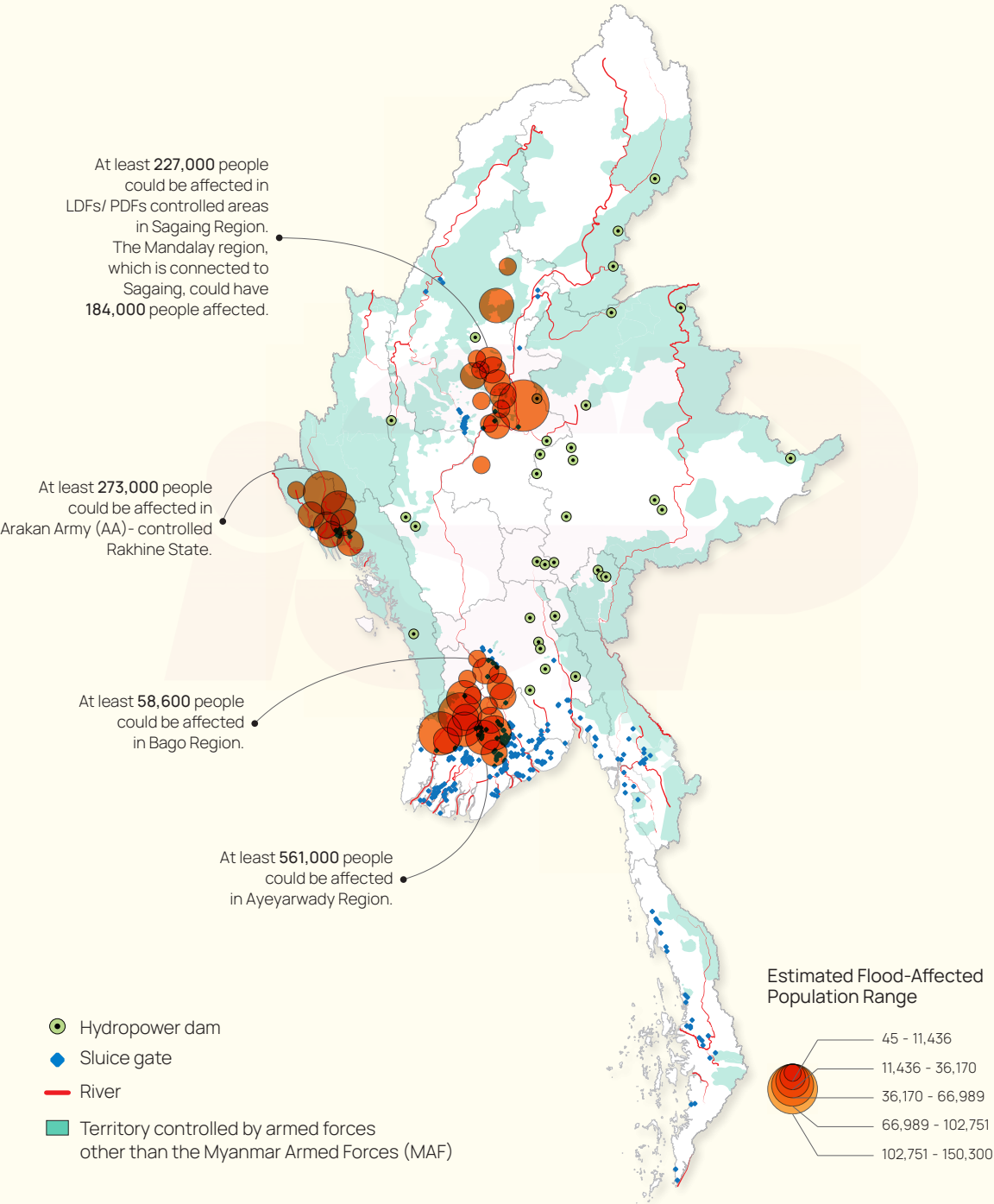
Myanmar's Floods Threaten 1.3m People

Hheavy rainfall and flooding between July 10 and August 11, 2026, could affect no less than 1.3 million people across Ayeyarwady Region, Rakhine State, Sagaing Region, Mandalay Region, and Bago Region, according to ISP-Myanmar calculations based on satellite imagery data from Myanmar Information Management Unit (MIMU), the National Unity Government (NUG), and ISP's collected data ([see ISP-M2026-025](#)). Flooding began in early July across Bago Region, Karen State, and Mon State. In late July, 14 townships in Ayeyarwady Region, including Lemyethna Township, faced severe inundation. Starting August 7, at least 12 townships in Sagaing Region were hit by floods. Flooding also affected some areas in Kachin State, Shan State, and Naypyitaw. The Min Aung Hlaing administration reported that over 39,000 people were affected in Lemyethna. However, their reporting remains minimal regarding flood-affected conditions in opposition-controlled territories, including Arakan Army (AA)-controlled areas in Rakhine State and Local Defense Force (LDF)/PDF-controlled zones in Sagaing Region. Conversely, the NUG reported over 400,000 flood-affected individuals across Sagaing and Mandalay Regions. On August 11, the Myanmar Emergency Response Coordination Unit (MERCU) estimated over 450,000 flood-affected people across four states and regions.

In 2024, flooding impacted over 5.6 million people. ISP-Myanmar previously highlighted how that crisis exposed severe depletion of social capital, a lack of serious commitment to climate adaptation and mitigation, and the urgent need for leadership amidst compounding crises [See ISP Insight Email ["The Terror Twins of Climate and Conflict"](#)]. Today, self-reliance and community-led relief remain the primary recourse for affected populations. The Min Aung Hlaing administration's disaster relief capabilities remain chronically slow to respond, geographically restricted, and systemically unprepared for recurring annual shocks. ■

41 Townships in Myanmar Suffered Floods Within One Month

Heavy rainfall between July 10 and August 11, 2026, caused severe flooding across **41 townships** in Ayeyarwady Region, Rakhine State, Sagaing Region, Mandalay Region, and Bago Region, and could affect **at least 1.3 million** people.



Data from July to August 11, 2026. ISP-Myanmar compiled and calculated the data using figures from Myanmar Information Management Unit (MIMU), National Unity Government (NUG) and ISP-Myanmar's other collected data. It may vary from other sources due to differences in methodology and data availability.